



The tourist region of Treis-Karden – between Cochem and Koblenz – stretches from the Eifel, over the Moselle Valley, and up to the peaks of the Hunsrück Mountains.

A wide variety of cycling tracks here is conducive to enjoying a number of themed routes.

You'll find a customised selection of routes with many different tips.

### **Mosel-Radweg**

The Moselradweg cycling track gives you the chance to explore one of Europe's most beautiful river landscapes with a diverse culture, tranquil winegrowing towns and impressive evidence of over 2,000 years of history. A well-developed network of cycling tracks, agricultural roads and tow paths with constant signposting heads from Thionville (F) to Koblenz, as well as along the Saar, Ruwer and Sauer tributaries.

From Treis-Karden, the Moselradweg runs on both sides as far as Kobern-Gondorf. After Kattenes, it follows an agricultural road along the vineyards until arriving in Koblenz. The track can be alternated with bridges in Löff and Kobern-Gondorf.

### **Hunsrück-Mosel-Radweg**

The Hunsrück-Mosel-Radweg cycling track is an interesting way of connecting the Moselle with the popular Schinderhannes-Radweg cycling track through the Lützbach Valley in the Hunsrück foothills. Just a few kilometres inland from the Moselle, the route heads past slate dumps, an idyllic stream and impressive natural wonders on a 27-km stretch to Kastellaun. The track follows quiet streets and agricultural roads. Everything is tar-sealed apart from 1 km (firm forest track). The stretch from Lütz to Lieg has an approx. 7% incline.

RegioRadler Untermosel bus, line 630, between Treis-Karden and Emmelshausen (see schedule map), helps with the ascent on daytrips.

### **Schinderhannes-Radweg**

The Schinderhannes-Radweg cycling track gets away from the busy streets and follows the vast Hunsrück peaks, offering spectacular views. The track does not involve any climbs, and runs for 38 km on the former railway line between Emmelshausen, Kastellaun and Simmern. It is a special cycling experience for young and old.

### **Schinderhannes-Untermosel-Radweg**

The Schinderhannes-Untermosel-Radweg cycling track connects Emmelshausen to the Lower Moselle via the Hunsrück foothills, and predominantly runs along built-up agricultural roads for 20 km. It follows the vast Hunsrück peaks between Ehrbachklamm and Baybachtal.

The "RegioRadler Untermosel" leisure bus helps with the ascent between Treis-Karden and Emmelshausen.

### **Maifeld-Radweg**

From Hatzenport, the route heads out of the Moselle Valley and climbs steadily upwards through the Schrumpfbach Valley to Münstermaifeld. From here, the Maifeld-Radweg cycling track follows a former railway line, which splits into two directions, one towards Ochtendung and one towards Mayern, at Polch. Guesthouses, playgrounds and parks by the roadside are conducive to taking a break and relaxing.